

C.4411(3)

WEST MERSEA URBAN DISTRICT COUNCIL

1966

PUBLIC HEALTH COMMITTEE

Mr. L. B. HAINES

Mrs. B. C. WINCH

Mr. G. A. COCK



Medical Officer of Health

SYLVIA MACMILLAN, M.R.S.C., L.R.C.P., M.B.B.S., D.P.H.

Public Health Surveyor and Inspector

E. J. BANNER, M.Inst.H.E., A.R.S.H.

LEXDEN GRANGE,
LEXDEN ROAD,
COLCHESTER.
September, 1967.

Mr. Chairman, Ladies and Gentlemen,

I have pleasure in presenting my Annual Report on the Health and Vital Statistics of the District for the year 1966.

I have the honour to be,

Your obedient servant,

SYLVIA MACMILLAN.

WEST MERSEA URBAN DISTRICT COUNCIL

Statistics and Social Circumstances of the Area

Area (acres)	2,683
Registrar General's estimate of resident population ...	3,430
Number of inhabited houses (end of 1966) according to Rate Book	1,548
Rateable Value	£135,284
Sum represented by a penny rate	£550

SOCIAL CONDITIONS

The district is the western portion of Mersea Island which lies between the estuaries of the rivers Blackwater and Colne. The nearest town is Colchester, situated about 9½ miles to the north.

As a summer health resort, it attracts a large number of holiday makers, many of whom enjoy some excellent sailing.

The main industries are agriculture, fishing, building and yacht building, etc.

EXTRACTS FROM VITAL STATISTICS OF THE YEAR

					<i>M.</i>	<i>F.</i>	<i>Total</i>
Live Births	All	30	23	53
	Legitimate	30	21	51
	Illegitimate	0	2	2
Birth rate per 1,000 estimated	resident population	15.1
Comparability Factor	1.32
Corrected Birth Rate	19.9
England and Wales	17.7
Still Births	All	0	0	1
	Legitimate	0	0	1
	Illegitimate	0	0	0
Stillbirth rate per 1,000 total (live and still) births	18.5
England and Wales	15.4
					<i>M.</i>	<i>F.</i>	<i>Total</i>
Total Births (live and still births)	54
Infant Deaths	All	1	2	3
	Legitimate	1	2	3
	Illegitimate	0	0	0
In 1st week: All	0	0	0
Infant Mortality rate per 1,000 births	55
Infant Mortality rate, England and Wales	19.0
Neonatal mortality rate per 1,000 live births	0
Early neonatal mortality rate (1st week) per 1,000 related births	0
Perinatal mortality rate (still births plus deaths during 1st week per 1,000 total live and still births)	18.5
Percentage of illegitimate live births	3.7

				<i>M.</i>	<i>F.</i>	<i>Total</i>
Maternal deaths	0
Maternal mortality rate		0
Deaths	18	33	51
Death rate per 1,000 resident population	14.8
Corrected death rate	9.9
England and Wales	11.7
Comparability Factor		0.67

Causes of death at different periods of life during 1966

<i>Cause of Death</i>	<i>Sex</i>	<i>Total Under Under</i>			<i>AGE IN YEARS</i>				
		<i>All Ages</i>	<i>4 weeks</i>	<i>1 year</i>	<i>1-44</i>	<i>45-54</i>	<i>55-64</i>	<i>65-74</i>	<i>75 and over</i>
Malignant, Neoplasm,	M	1	—	—	—	1	—	—	—
Lung Bronchus	F	3	—	—	—	—	—	2	1
Malignant Neoplasm,	M	—	—	—	—	—	—	—	—
Breast	F	1	—	—	—	—	—	—	1
Other Malignant and	M	2	—	—	—	—	—	1	1
Lymphatic Neoplasms	F	—	—	—	—	—	—	—	—
Diabetes	M	—	—	—	—	—	—	—	—
	F	1	—	—	—	—	—	1	—
Vascular lesions of	M	1	—	—	—	—	—	—	1
Nervous System	F	7	—	—	—	1	—	1	5
Coronary Disease,	M	9	—	—	—	—	2	3	4
Angina	F	6	—	—	—	—	—	4	2
Hypertension with	M	—	—	—	—	—	—	—	—
Heart Disease	F	2	—	—	—	—	—	—	2
Other Heart Disease	M	2	—	1	—	—	—	—	1
	F	5	—	—	—	—	—	1	4
Pneumonia	M	1	—	—	—	—	1	—	—
	F	3	—	—	—	—	2	1	—
Congenital Malformations	M	—	—	—	—	—	—	—	—
	F	1	—	1	—	—	—	—	—
Other Defined and Ill-	M	2	—	—	—	—	1	—	1
Defined Diseases	F	2	—	1	—	—	—	1	—
All Other Accidents	M	—	—	—	—	—	—	—	—
	F	2	—	—	1	—	—	—	1
TOTAL ALL CAUSES	M	18	—	1	—	1	4	4	8
	F	33	—	2	1	1	2	11	16

National Assistance Acts, 1948-51

No Action taken under these Acts.

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

Public Health Officers of the Local Authority

Medical Officer of Health—Sylvia MacMillan, M.R.S.C., L.R.C.P., M.B., B.S., D.H.P. Part-time, devoting the remainder of time to two neighbouring authorities and to the County Council.

Public Health Inspector—E. J. Banner, M.Inst., H.E., A.R.S.H., Full-time, also Surveyor to the Council.

Laboratory Facilities

The Laboratories available are situated at:

The Essex County Hospital, Colchester.

The Public Health Laboratory, Woodbridge Road, Ipswich.

The Counties Laboratory, 66 Victoria Street, London, S.W.1.

Ambulance

Non-emergency ambulance calls are not accepted from the general public.

To obtain an ambulance in an emergency it is merely necessary to lift the telephone receiver and ask for an ambulance. If there is a dialling system in operation dial "999" or "0" or "01" and ask for ambulance.

Health Services provided by the Essex County Council

Ante-Natal and post-natal clinics.

Midwives.

Nursing in the Home.

Health Visiting.

Home Helps.

Vaccination and diphtheria immunisation.

Mental Welfare.

Provision of nursing equipment and apparatus.

School health services.

Womens Welfare Clinic is held at the Central Clinic, East Lodge Court, High Street, Colchester at 10 a.m. on 1st and 3rd Thursday in each month.

Relaxation and Mothercraft Classes are also held at the Central Clinic, East Lodge Court, High Street, Colchester on Tuesdays at 10 a.m., Wednesdays, Thursdays, and Fridays at 2.30 p.m.

Infant Welfare Clinics are held at the Church Hall on the second and fourth Wednesdays in each month at 2.15 p.m.

High Street North, West Mersea.

Welfare Foods are obtainable from: —

Mersea Stores, Yorick Road, West Mersea.

Assistance from the Home Help Services is obtained by communicating with the Area Health Office, East Lodge Court, High Street, Colchester (Telephone: Colchester 79411/9).

Health Services provided by the Regional Hospital Board

Tuberculosis—The Chest Clinic is situated at St. Mary's Hospital, Colchester, and is open daily.

V.D.—Sessions held at the Essex County Hospital on Mondays, 5 p.m. to 7 p.m. for males and females, and Fridays, 2 p.m. to 4 p.m. for males and females.

Family Planning at Health Services Clinic, Culver Street, Colchester.

Family Planning Association Clinic—Mondays and Tuesdays (except those following Bank Holidays) between 6 p.m. and 7.30 p.m.

SANITARY CIRCUMSTANCES OF THE AREA

WATER

The water supplies in the district have been under the control of the Colchester and District Water Board since the 1st April, 1961 and water is supplied direct from the Board's sources which are outside the district.

Premises connected to water mains

The number of houses supplied from the water mains is 1507

The number of houses connected to water mains during the year was 102

PUBLIC HEALTH INSPECTOR'S REPORT

Inspections

Houses visited under Housing Acts	66
Visits under Public Health Acts	15
Butchers' Shops visited	7
Fried Fish Shops visited	5
Ice cream Stores visited	12
Bakehouses visited	3
Visits under Factory Acts	11
Moveable dwellings and Caravan Sites visited	7
Dairies visited	5
Visits under Offices and Shops Acts	35

Notices

Statutory Notices served, Public Health Acts	Nil
Informal Notices served, Public Health Acts	4
Informal Notices complied with	4
Demolition Orders issued	1
Closing Orders issued	Nil

SEWAGE DISPOSAL

The Council's sewage disposal works which were reconstructed in 1958 for the partial treatment of sewage before discharge to the main channel of the Blackwater Estuary continue to operate satisfactory.

The construction of a new main outfall sewer from Kingsland Road to the disposal works commenced in March and was still under construction at the end of the year.

102 houses and flats were connected to sewers during the year.

HOUSING

There is no slum property in the district but action under the Housing Acts is occasionally taken where property falls below the accepted standard. Generally speaking houses in the district are kept in a good state of repair as the majority are owner occupied which help to contribute to the improvement of social conditions in the district.

Action under the Housing Acts were taken at the following premises: —

Wood bungalow, Langdon, Going Estate, Kingsland Road.

Reconstructed after an appeal had been allowed by the County Court against a Demolition order.

Wood Bungalow, Dunrovin, Going Estate, Kingsland Road.

Demolished after the service of a Demolition Order the previous year.

House, Claremont, Mersea Avenue.

Demolished after the service of a Demolition Order.

Wood Bungalow, Kolwyn, Going Estate, Kingsland Road.

An undertaking was accepted under Section 16 for the reconstruction of this dwelling and the work was carried out during the year.

78 Houses were built by Private Enterprise and 24 Flats by the Council. 13 Applications were approved for Standard Grant and 7 such Grants were recommended for payment.

REFUSE DISPOSAL

Refuse from houses and shops is removed at weekly intervals and public cleansing of streets and beaches is carried out at frequent intervals during the season.

All refuse is removed to the Colchester Borough's controlled tip.

NOTIFIABLE DISEASES

Measles: 5; Tuberculosis: 1.

MEAT AND OTHER FOODS

There are no licensed slaughterhouses in the district, and requirements are adequately met by slaughterhouses in Colchester.

The number of food premises registered under the Food and Drugs Act are: —

Meat Products 3

Ice Cream premises 24 (sale only)

The following food was voluntarily surrendered as unfit for human consumption.

Chopped Pork 18 lbs.

MOSQUITO NUISANCE

Known breeding places of mosquitoes were treated at intervals throughout the breeding season.

FACTORIES ACT, 1961

Number on Register	12
Number of Visits	12
Cases in which defects were found				Nil

OUTWORK

*Number of outworkers
in August List
required by
Section 110 (i) (c)*

Nil

*Irregularities
Section 110*

—

*Irregularities
Section 111*

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